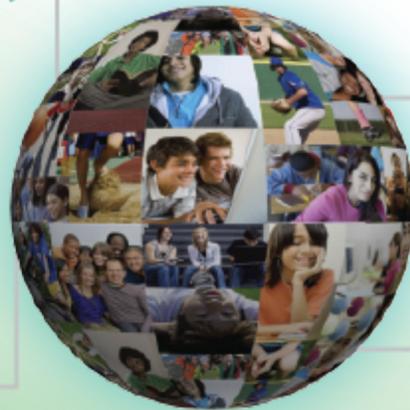


2011

# Spring Youth Forum

community

family



friends

school

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# Welcome!

Welcome to the 3rd Annual Washington Prevention Spring Youth Forum where we encourage you to “imagine the possibilities!”

When we launched the Spring Youth Forum, three years ago we imagined an event where we could:

- Recognize and reward students and advisors who worked to make a difference in our schools and communities.
- Give students the learning opportunity to share their projects, compete to be recognized in various categories and receive fun prizes.
- Encourage sustainability by building on the successes of existing student projects, recording the lessons learned and other details about these projects, and sharing with others developing projects in the future.

Over the last several years, the event we imagined has become a reality – and we thank each and every one of you for your help in bringing our dreams to life!

We hope you'll look to this program for helpful tips to assist in navigating the Forum. Inside you'll find:

- A detailed agenda, including room to record notes about the presentations you will be experiencing today.
- Rules for voting on the best youth projects.
- Contact information for the various youth groups to follow up with them after the Forum as you learn new ideas and strategies to employ in your schools.

Thank you so much for your work to educate your peers about the dangers of destructive behaviors. You took the challenge, imagined the possibilities and made a difference in your communities.

You are true leaders and we are proud to recognize everyone who is participating at this year's Spring Youth Forum.

Have fun and good luck!

*Sincerely,*

**David Dickinson**, Director  
DSHS, Division of Behavioral  
Health and Recovery

**Rob McKenna**  
Washington State  
Attorney General

*The Washington Prevention Spring Youth Forum is brought to you by the Washington Department of Social and Health Services Division of Behavioral Health and Recovery. It is entirely funded through a grant from the Washington State Attorney General's Office as a result of a consumer protection settlement with a prescription drug company.*

# Special Thanks

## Executive Planning Committee Members:

**Janelle Guthrie**, Washington State Attorney General's Office (*Forum Co-Chair*)  
**Sarah Mariani**, Washington State Division of Behavioral Health and Recovery (*Forum Co-Chair*)  
**Ivon Urquilla**, Washington State Division of Behavioral Health and Recovery (*Forum Co-Chair*)  
**Rori Parker-Douros**, Center for the Application of Substance Abuse Technologies (CASAT)  
**Julie Tieman**, Center for the Application of Substance Abuse Technologies (CASAT)

## Advisory Committee Members:

**Adam Halvorsen**, Division of Behavioral Health and Recovery  
**Inge Martin**, Science And Management of Addictions (SAMA) Family Action Council  
**Julie Pinardi**, Point Blank SADD Advisor

*Youth Representatives:*  
**Jennifer Hodgman**, Division of Behavioral Health and Recovery  
**Dylan Holmes**, Point Blank SADD Chapter  
**Codi Reints**, Youth, Science And Management of Addictions (SAMA) Family Action Council

## Application Review Committee:

**Adam Halvorsen**, Division of Behavioral Health and Recovery  
**Sarah Lane**, Washington State Attorney General's Office  
**Don and Inge Martin**, Science And Management of Addictions (SAMA) Family Action Council  
**Beatriz Mendez**, Lewis County Public Health & Social Services  
**Lauri Turkovsky**, Division of Behavioral Health and Recovery

*Youth Representatives:*  
**D.J. Hammer**, Chehalis Tribe  
**Jennifer Hodgman**, Division of Behavioral Health and Recovery  
**Codi Reints**, Youth, Science And Management of Addictions (SAMA) Family Action Council

## Conference Staffing:

**Washington State Attorney General's Office:** Kristin Alexander, Janelle Guthrie, Sarah Lane, Scott Peterson, Shelley Rohr, Maureen Scharber, and Dan Sytman.

**Washington State Division of Behavioral Health and Recovery:** Glenn Baldwin, Julie Bartlett, Pam Darby, Rey Falcatan, Linda Graves, Adam Halvorsen, Jennifer Hodgman, Sarah Mariani, Victoria Roberts, Kathy Sayre, Bill Stahl, Lauri Turkovsky, Ivon Urquilla.

**Washington State Division of Behavioral Health and Recovery:** Carolyn Bentley, Gretchen Casey, John Del, Jennifer Donald, Rori Parker-Douros, Julie Tieman.

## Volunteers:

DJ Hammer, *Chehalis Tribe*; Meja Handlen, *Lewis County Public Health & Social Services*; Alyssa McClure, *Sen. Rosemary McAuliffe's Office*; Beatriz Mendez, *Lewis County Public Health & Social Services*; Mary Segwa, *Liquor Control Board*.

# Sponsoring Agencies

The Washington Prevention Spring Youth Forum is brought to you by the Washington State Attorney General's Office and DSHS Division of Behavioral Health and Recovery. The Washington Attorney General's Office has provided a grant to fund the entire 2011 Prevention Spring Youth Forum in an effort to support the prevention of prescription, over-the-counter and synthetic drug abuse as well as other destructive behaviors such as alcohol and tobacco abuse, suicide or gang activity. These grant funds are entirely generated from court settlements with drug companies for consumer protection violations impacting citizens of Washington state.



Conference logistics, planning and staffing courtesy of CASAT

Program design by Scott Peterson, Washington State Attorney General's Office.

Special thank you to our hosts, the Great Wolf Lodge, for their hospitality and accommodations.

# Recognition and Prizes

In recognition of your efforts over this last year, your team is one of just 42 teams awarded the opportunity to participate in the Annual Spring Youth Forum, including lodging, meals and free water park passes at the Great Wolf Lodge and inclusion in the Spring Youth Forum program.

You will also have the opportunity to compete for additional exciting prizes based on your overall team score, including scholarship assistance to attend a Community Anti-Drug Coalitions of America (CADCA) Leadership Conference and a prevention team prize pack. We'll also be awarding other prizes in random drawings throughout the day.

**Grand Prize** The Grand Prize for the winning youth prevention team presentation is a partial scholarship to the CADCA National Leadership Forum in Washington, DC — or another approved leadership training. Scholarship may not be used to supplant existing budgets and must be used within one year of the Spring Youth Forum.

## First Round Winner and Category Winners

Each team selected as a category winner and each team that advances to the final round of youth prevention group presentations will receive a gift basket including a gift card as well as treats and snacks for the ride home.

**Drawing Prizes** Each Spring Youth Forum participant, including adult advisors and chaperones, will receive a raffle ticket that can be entered to win random prizes throughout the day.

**Teams will not be awarded multiple awards. In the event that a team wins in two or more categories they will receive the highest rated award and the award for any other category will go to the team with the next highest eligible score.**



2010 Grand Prize Winners:  
Stadium High School Youth  
Leading Change - Safe Streets

# Presentation and Scoring Process

## First Round

Each team attending the Spring Youth Forum will be assigned to one of seven breakout rooms for the initial round of presentations. Each team will have up to 10 minutes to present information about their project to other youth teams. Teams will vote on presentations immediately following each team presentation.

### All teams will be judged on the following criteria:

- **Innovation:** Project is unique, creative and innovative. Presentation clearly details what new and exciting ideas, techniques or activities have been implemented.
- **Sustainability:** Project includes steps the youth team has taken to keep this project alive when the core group graduates and to make sure that this project can be replicated year-to-year no matter which group of students is participating.
- **Impact:** Project has broad outreach. Team can demonstrate change occurred as a result of this project and explain how this project made a difference.
- **Presentation Style & Professionalism:** Youth team presentation is prepared, presentation is easy to follow and clearly communicated, and the materials, if provided, are easy to read and accurate.
- **Collaboration and Partnerships:** Youth team describes collaborations/partnerships with other local groups, organizations or agencies that the team developed to increase the impact of the project and/or leverage community partnerships to do more. If no collaborations, the team should clearly explain why.

### Scoring:

After each presentation, adult judges and youth teams will score the presenting team on the five categories listed to the left.

- **25 percent: Adult judging on site.** Adult judges not affiliated with any competing youth team will vote in both the preliminary and final rounds of the presentation competition.
- **50 percent: Team voting on site.** Youth prevention teams will receive one team ballot per team (youth and chaperone) to vote on each presentation in the preliminary and final rounds.

The remaining **25 percent** of the team score was awarded based on the quality and completeness of the **team's application**.

Each youth team will receive one shared scorecard to record their scores for each presentation. Youth will assess each team by category on a scale of 0 to 10 with 0 being "poor" and 10 being "excellent." Notes pages are provided in this program to assist you in the scoring process.

Scorecards will be collected and compiled after each presentation but voting results will not be revealed until the team winners are announced at 1:25 p.m.

In the case of a tie, winners will be decided by a simple majority vote with each team casting one vote.

### Category winners:

- Prizes will also be provided to the teams with the highest average scores in each of the five categories: innovation, sustainability, impact, presentation style/professionalism and collaboration/partnerships.
- Category winners will be announced at the Awards Ceremony.





## Final Round

- Winning teams from each of the seven rooms will proceed to the final round of the competition where they will conduct their 10-minute presentation again for all participants in the Spring Youth Forum.
- Final round voting will follow the same procedure as the First Round.
- Scorecards will be collected and compiled after each presentation but voting results will not be revealed to the entire room until the awards ceremony. In the case of a tie, winners will be decided by a simple majority vote with each team casting one vote.
- The grand prize winner and category winners will be announced at the awards ceremony.

## Presentation Support

**The following equipment will be provided for presentations:**

- LCD projector
- PC laptop computer with DVD capability (we will not have Mac computers available and a VCR will NOT be available)
- Sound capability (for a PowerPoint presentation or DVD/CD)
- Projection screen
- One (1) microphone (may be handheld, standing or lavalier)
- Table for materials
- Conference facility internet (please have a backup plan as Wi-Fi is not always dependable).

Teams will NOT be allowed to use their own laptops, LCD projectors or any of their own AV equipment. AV guidelines and software requirements were made available in advance to the Forum to assist with preparation for your presentation.

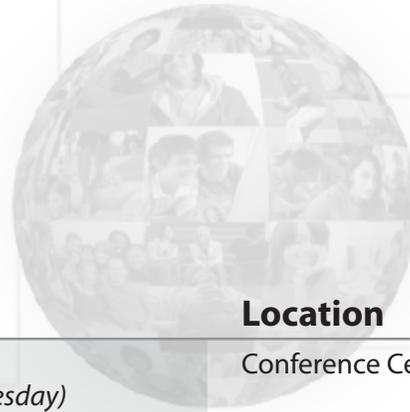
# Schedule of Events

## Wednesday, May 18

Time	Event	Location
1 pm	<b>Teams may check in with hotel to get water park passes only*</b> <i>(Room check-in begins at 4:00 pm)</i>	Hotel Lobby
4 pm	<b>Hotel room check-in begins</b>	Hotel Lobby
4 – 8 pm	<b>Team check-in &amp; team photos</b>	Northwest Territory Salon C
4 – 9 pm	<b>Team recognition reward:</b> Enjoy the water park!	
8:15 – 8:45 pm	<b>Chaperone meeting</b>	Fallen Timbers Salon B
11 pm	<b>Hotel curfew</b>	

*\*Please note: Water park passes will be provided by the hotel during hotel check-in. The passes are good on Wednesday and Thursday until 9:00 pm. Although teams are not able to access hotel rooms until 4 pm, the hotel will provide water park passes starting at 1:00 pm for those teams that are able to arrive early. All teams will be able to use their passes on Thursday evening.*





# Thursday, May 19

Time	Event	Location
7:30 – 8 am	<b>Team check-in &amp; team photos</b> <i>(if not already completed on Wednesday)</i>	Conference Center Lobby
7:30 – 8 am	<b>Breakfast /door prizes</b> Jacquie Brown, <i>Miss Washington</i>	Chehalis Salon ABC
8 – 9:30 am	<b>Welcome and Introductions</b> Jacquie Brown, <i>Miss Washington</i> <b>Keynote Speaker:</b> Julie Marie Carrier, <i>Award-winning National speaker and author</i> <b>Instructions:</b> Rob McKenna, <i>Attorney General</i>	Chehalis Salon ABC
9:30 – 9:45 am	<b>Break</b>	
9:45 – 12:10 am	<b>Youth prevention team presentations</b>	See page 9 of program for room assignments
12:10 – 12:40 pm	<b>Lunch/door prizes</b> Jacquie Brown, <i>Miss Washington</i>	Chehalis Salon ABC
12:40 – 1:25 pm	<b>Keynote Speaker &amp; Networking Activity:</b> Julie Marie Carrier, <i>Award-winning National speaker and author</i>	Chehalis Salon ABC
1:25 – 1:40 pm	<b>Seven Team Finalists Announced:</b> David Dickinson, <i>Director, Division of Behavioral Health and Recovery</i>	Chehalis Salon ABC
1:40 – 1:50 pm	<b>Break</b>	
1:50 – 2:50 pm	<b>Youth prevention team finalists' presentation</b>	Chehalis Salon ABC
2:50 – 3:15 pm	<b>Afternoon break &amp; snack</b>	Conference Center Lobby
3:15 – 4:35 pm	<b>Youth prevention team finalists' presentations</b> <i>(continued)</i>	Chehalis Salon ABC
4:35 – 5:10 pm	<b>Break</b>	
5:10 – 5:40 pm	<b>Dinner/door prizes</b> Jacquie Brown, <i>Miss Washington</i>	Chehalis Salon ABC
5:40 – 6 pm	<b>Awards Ceremony</b>	Chehalis Salon ABC
6 pm	<b>Spring Youth Forum adjourns</b>	
6 – 9 pm	<b>Team recognition reward</b> Enjoy the water park or head for home!	

## Julie Marie Carrier, Award-winning National Speaker for Teens



As seen in millions of homes across the US, Julie Marie Carrier is a teen success and confidence coach for MTV's award-winning No.1 hit positive youth goal-setting TV show for teens, "MADE," where she coaches teens on national

television to step out, stand up and achieve their dreams.

Also featured on NBC's Today Show, on Fox News, and in The New York Times, Julie is a top national prevention speaker and author for teens on leadership, character and confidence.

One of the Top 50 student leaders in the nation, an Emmy-nominee, and a former Miss Virginia USA, Julie left her prestigious career as Senior Management Consultant in Leadership Development for the Pentagon in order to be a national advocate for youth. Julie's message is featured in the New York Times best seller, The Success Principles, The Success Principles for Teens and Chicken Soup for the Extraordinary Teen Soul.

Julie also the author of the award-winning book, BeYOUtiful!, a new book for girls on success, self-confidence and self-esteem that just won a National Moonbeam Book Award for excellence in literature for young adults.

Julie presents her engaging programs to thousands of educators and students at conferences, assemblies, orientations and community events across the country. She recently joined the Washington Prevention Summit as its youth keynote speaker and looks forward to seeing all her new friends again at the Spring Youth Forum.

To learn more about Julie Marie Carrier, her best-practice resources, or to bring her powerful message to your own community please contact: [info@juliespeaks.com](mailto:info@juliespeaks.com) or visit [www.juliespeaks.com](http://www.juliespeaks.com).

## Jacquie Brown, Miss Washington 2010



Miss Washington 2010 Jacquie Brown understands the struggles many young people face, having lived on her own since the age

of 16. Her Miss Washington platform, Mentoring: Positive Influences that Can Change a Life, reflects her gratitude to those who mentored her in her life and her commitment to making a difference in others' lives.

She believes she has the responsibility to devote herself to ensuring that children know they can overcome the most immense obstacles and pursue their dreams. She relates to many of the children she mentors because of her childhood and she tries to inspire them to believe in themselves and know there is hope. Her passion is filling children's lives with kindness, friendship and unending support.

Jacquie lives in Vancouver, where she is the spokesperson for Camp Mariposa in association with the Moyer Foundation, Service & Leadership in the Community Coordinator for Clark College, recipient of the Clark County Youth Achievement Award, and a volunteer/mentor for Boys & Girls Club of Southwest Washington. She is a graduate of Evergreen High School, attended Clark College, and was third runner-up in the Miss America Pageant. She plans to pursue a degree in broadcasting at the University of Washington.

After participating in the Washington Prevention Summit last fall, she looks forward to joining youth at the Spring Youth Forum and sharing in their success.

# Room Assignments

community family

<i>Team</i>	<i>Advisor</i>	<i>Room</i>
8th Grade Prevention Leaders	Linda Hutchins	Chehalis - D
Ballard TATU	Kya Schnettler	Northwest Territory - A
Be the Change	Mary Wysocki	Fallen Timbers - B
Clark Digital Storytellers	Angela Zahas	Northwest Territory - C
Dream Makers	Joel Tannehill	Northwest Territory - A
Environmental Warriors	Mary Lee Jones	Northwest Territory - C
Foss Youth Leading Change	Mr. Melton	Northwest Territory - A
Gathering of Native American Youth (GONA)	Diane Sekaquaptewa	Northwest Territory - B
Kitsap County RUaD Youth Council	Mary Ellen de la Pena	Chehalis - F
Lincoln Youth Leading Change	Alissa Farias	Northwest Territory - C
Lopez Island DREAM Team	Ben Redmond	Chehalis - F
Maple Valley Youth Council	Kristiane Byers	Chehalis - D
Natural Helpers - SHEO (Students Helping Each Other)	Peggy Gutierrez	Chehalis - D
North Beach High School TADD	Jodi Brown	Northwest Territory - B
OHHS TATU	Andrea Thomas	Northwest Territory - A
Omak Street Team	Rob Poletti	Chehalis - E
Panthers in Charge (PIC)	Natalie Wonder	Northwest Territory - A
Point Blank, a chapter of SADD	Julie Pinardi	Chehalis - E
Pomeroy Jr. High Student Awareness Movement (SAM) Club	Tina Warren	Northwest Territory - B
Pomeroy Sr. High Student Awareness Movement (SAM) Club	Dan Lewis	Northwest Territory - C
Port Townsend High School Student Task Force	Barbara Hansen	Chehalis - E
Prevent A Holics	Leann Couch	Northwest Territory - C
RADD - Nathan Hale	Danielle Bock-Grande	Chehalis - F
Razas Unidas	Maria Medina	Fallen Timbers - B
Shelton High School SADD Club	Gerald Apple	Chehalis - D
Skykomish Drug Prevention & Leadership Team	Cindi Mack-Ernsdorff	Chehalis - F
Stadium Youth Leading Change	Colette Lease	Chehalis - D
Steilacoom High School Youth Leading Change	Kelly McClellan	Northwest Territory - B
T.E.L.L. - Timbercrest Encouraging Lifelong Lessons	Krista Rose Cate	Chehalis - F
Teens Against Drugs and Alcohol (TADA)	Mike Graham-Squire	Fallen Timbers - B
Teens Drawing the Line	Patricia Andersen	Chehalis - E
Tenino High School Students Against Destructive Decisions	Kristin Robinson	Fallen Timbers - B
The Leading Explorers	Dawn Maloney	Chehalis - D
The Preventors	Rachel Houtman	Fallen Timbers - B
VOICE (Voicing Our Ideas Challenging Everyone) Youth Coalition	Lisa Mitchell	Chehalis - E
Wahkia' Hi' Prevention	Linda Hartung	Northwest Territory - B
Washington High School SADD Team	Deborah Cozzetti	Fallen Timbers - B
Washington Youth Leading Change	Mrs. Tobias	Chehalis - F
WHS Awareness Presentation Team	Robert Barnett	Northwest Territory - C
Wilson Youth Leading Change	Cheryl Ausboe	Chehalis - E
Youth Action	Maristella Webley	Northwest Territory - B
Youth Empowered with Leadership Strengths (YELS)	Aparna Rae	Northwest Territory - A

# Breakout Room Schedules

## Chehalis - D

10:00 - 10:10 am

**8th Grade  
Prevention Leaders**  
Tobacco, Health  
and Academics  
- Tobacco Policy  
Recommendations

10:20 - 10:30 am

**Natural Helpers -  
SHEO (Students  
Helping Each Other)**  
It's Never Too  
Late to Learn ~  
To Draw the Line

10:40 - 10:50 am

**Shelton High School  
SADD Club**  
Distracted Driving:  
Don't Text and Drive

11:00 - 11:10 am

**The Leading  
Explorers**  
Drugs Influence  
No One

11:20 - 11:30 am

**Maple Valley  
Youth Council**  
Flip Book  
Animated Video

11:40 - 11:50 am

**Stadium Youth  
Leading Change**  
Do You Hear Me Now?

## Chehalis - E

10:00 - 10:10 am

**Omak Street Team**  
True Pride Inside

10:20 - 10:30 am

**VOICE (Voicing Our  
Ideas Challenging  
Everyone)  
Youth Coalition**  
Methamphetamine  
Prevention Education

10:40 - 10:50 am

**Port Townsend  
High School Student  
Task Force**  
Most of Us

11:00 - 11:10 am

**Teens Drawing  
the Line**  
Drawing the Line

11:20 - 11:30 am

**Wilson Youth  
Leading Change**  
To Write Love  
On Her Arms

11:40 - 11:50 am

**Point Blank,  
a chapter of SADD**  
Don't Drive while  
inXTTicated!

## Chehalis - F

10:00 - 10:10 am

**Lopez Island  
DREAM Team**  
Prevention Jeopardy

10:20 - 10:30 am

**T.E.L.L. - Timbercrest  
Encouraging  
Lifelong Lessons**  
Original Song  
"Draw The Line"

10:40 - 10:50 am

**Kitsap County RUaD  
Youth Council**  
Kitsap Youth  
Promotion of National  
Take Back Your  
Medicine Day

11:00 - 11:10 am

**RADD - Nathan Hale**  
Partners in Prevention  
(PIP) and Draw the  
Line Campaign!

11:20 - 11:30 am

**Washington Youth  
Leading Change**  
Bullying is no Bull

11:40 - 11:50 am

**Skykomish Drug  
Prevention &  
Leadership Team**  
You Are Putting WHAT  
into your Body?

## NW Territory - A

10:00 - 10:10 am

**OHHS TATU**  
OHHS TATU

10:20 - 10:30 am

**Panthers in Charge (PIC)**  
Corridor of Peace

10:40 - 10:50 am

**Dream Makers**  
To Live to See the Great Day that Dawns

11:00 - 11:10 am

**Foss Youth Leading Change**  
Coke & Candy

11:20 - 11:30 am

**Ballard TATU**  
Teens Against Tobacco Use

11:40 - 11:50 am

**Youth Empowered with Leadership Strengths (YELS)**  
Draw The Line:  
Talk about it!  
Be about it!

## NW Territory - B

10:00 - 10:10 am

**Wahkia' Hi' Prevention**  
Wahkia' Hi' leaders as Trainers & Mentors

10:20 - 10:30 am

**Gathering of Native American Youth (GONA)**  
Gathering of Native American Youth

10:40 - 10:50 am

**Steilacoom High School Youth Leading Change**  
20 WA

11:00 - 11:10 am

**Youth Action**  
Drug Facts Week

11:20 - 11:30 am

**North Beach High School TADD**  
Grim Reaper

11:40 - 11:50 am

**Pomeroy Jr. High Student Awareness Movement (SAM) Club**  
CSAP Awareness Week

## NW Territory - C

10:00 - 10:10 am

**Clark Digital Storytellers**  
Everyone has stories, time to share yours

10:20 - 10:30 am

**Environmental Warriors**  
Environmental Warriors

10:40 - 10:50 am

**Lincoln Youth Leading Change**  
Let's Draw the Line

11:00 - 11:10 am

**Prevent A Holics**  
Hand in Hand,  
Let's Take a Stand

11:20 - 11:30 am

**WHS Awareness Presentation Team**  
Washington High Schools AFJROTC  
Awareness Presentation Team

11:40 - 11:50 am

**Pomeroy Sr. High Student Awareness Movement (SAM) Club**  
Every 15 Minutes...

## Fallen Timbers - B

10:00 - 10:10 am

**WA High School SADD Team**  
FP YOUTH FIRST! ~  
Positive Community Norm Campaign

10:20 - 10:30 am

**Be the Change**  
Just One Choice...

10:40 - 10:50 am

**Teens Against Drugs and Alcohol (TADA)**  
Let's Draw the Line  
- Reducing Alcohol Advertising

11:00 - 11:10 am

**Razas Unidas**  
Partners in Prevention (PIP) and Seattle Central Drug Free Community Coalition (CSDFCC)

11:20 - 11:30 am

**Tenino High School Students Against Destructive Decisions**  
Drug and Alcohol Community Forum

11:40 - 11:50 am

**The Preventors**  
Too Smart to Start!

# First Round Scoring

## Presentation Notes

(Youth teams will receive one scorecard for your team to score each presentation. Please use these pages to take notes to help you in your team vote discussions.)

### Breakout Room!

Team Name:

	Poor	→	Excellent							
<b>Innovation:</b> Is this presentation creative and innovative? New and exciting?	1	2	3	4	5	6	7	8	9	10
<b>Sustainability:</b> Can it be replicated yearly regardless of the group of students participating or will it fade away when this year's group graduates?	1	2	3	4	5	6	7	8	9	10
<b>Impact:</b> Did the project reach many people? Did/Does this project really make a difference?	1	2	3	4	5	6	7	8	9	10
<b>Presentation Style &amp; Professionalism:</b> Was the information written in a clear and concise manner? Are materials easy to read and accurate? Has all the requested information been provided?	1	2	3	4	5	6	7	8	9	10
<b>Collaboration &amp; Partnerships:</b> Did the group leverage community partnerships to do more with a lower budget? Did it increase its impact by partnering with others?	1	2	3	4	5	6	7	8	9	10

Total Score

Strengths:

Weaknesses:

Team Name:

	Poor	→	Excellent							
<b>Innovation:</b> Is this presentation creative and innovative? New and exciting?	1	2	3	4	5	6	7	8	9	10
<b>Sustainability:</b> Can it be replicated yearly regardless of the group of students participating or will it fade away when this year's group graduates?	1	2	3	4	5	6	7	8	9	10
<b>Impact:</b> Did the project reach many people? Did/Does this project really make a difference?	1	2	3	4	5	6	7	8	9	10
<b>Presentation Style &amp; Professionalism:</b> Was the information written in a clear and concise manner? Are materials easy to read and accurate? Has all the requested information been provided?	1	2	3	4	5	6	7	8	9	10
<b>Collaboration &amp; Partnerships:</b> Did the group leverage community partnerships to do more with a lower budget? Did it increase its impact by partnering with others?	1	2	3	4	5	6	7	8	9	10

Total Score

Strengths:

Weaknesses:

Team Name:

	Poor	→	Excellent							
<b>Innovation:</b> Is this presentation creative and innovative? New and exciting?	1	2	3	4	5	6	7	8	9	10
<b>Sustainability:</b> Can it be replicated yearly regardless of the group of students participating or will it fade away when this year's group graduates?	1	2	3	4	5	6	7	8	9	10
<b>Impact:</b> Did the project reach many people? Did/Does this project really make a difference?	1	2	3	4	5	6	7	8	9	10
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<b>Collaboration &amp; Partnerships:</b> Did the group leverage community partnerships to do more with a lower budget? Did it increase its impact by partnering with others?	1	2	3	4	5	6	7	8	9	10

Total Score

Strengths:

Weaknesses:



*Team Name:*

	Poor	—————> Excellent									
<b>Innovation:</b> Is this presentation creative and innovative? New and exciting?	1	2	3	4	5	6	7	8	9	10	
<b>Sustainability:</b> Can it be replicated yearly regardless of the group of students participating or will it fade away when this year's group graduates?	1	2	3	4	5	6	7	8	9	10	
<b>Impact:</b> Did the project reach many people? Did/Does this project really make a difference?	1	2	3	4	5	6	7	8	9	10	
<b>Presentation Style &amp; Professionalism:</b> Was the information written in a clear and concise manner? Are materials easy to read and accurate? Has all the requested information been provided?	1	2	3	4	5	6	7	8	9	10	
<b>Collaboration &amp; Partnerships:</b> Did the group leverage community partnerships to do more with a lower budget? Did it increase its impact by partnering with others?	1	2	3	4	5	6	7	8	9	10	

*Total Score*

Strengths:

Weaknesses:

*Team Name:*

	Poor	—————> Excellent									
<b>Innovation:</b> Is this presentation creative and innovative? New and exciting?	1	2	3	4	5	6	7	8	9	10	
<b>Sustainability:</b> Can it be replicated yearly regardless of the group of students participating or will it fade away when this year's group graduates?	1	2	3	4	5	6	7	8	9	10	
<b>Impact:</b> Did the project reach many people? Did/Does this project really make a difference?	1	2	3	4	5	6	7	8	9	10	
<b>Presentation Style &amp; Professionalism:</b> Was the information written in a clear and concise manner? Are materials easy to read and accurate? Has all the requested information been provided?	1	2	3	4	5	6	7	8	9	10	
<b>Collaboration &amp; Partnerships:</b> Did the group leverage community partnerships to do more with a lower budget? Did it increase its impact by partnering with others?	1	2	3	4	5	6	7	8	9	10	

*Total Score*

Strengths:

Weaknesses:

*Team Name:*

	Poor	—————> Excellent									
<b>Innovation:</b> Is this presentation creative and innovative? New and exciting?	1	2	3	4	5	6	7	8	9	10	
<b>Sustainability:</b> Can it be replicated yearly regardless of the group of students participating or will it fade away when this year's group graduates?	1	2	3	4	5	6	7	8	9	10	
<b>Impact:</b> Did the project reach many people? Did/Does this project really make a difference?	1	2	3	4	5	6	7	8	9	10	
<b>Presentation Style &amp; Professionalism:</b> Was the information written in a clear and concise manner? Are materials easy to read and accurate? Has all the requested information been provided?	1	2	3	4	5	6	7	8	9	10	
<b>Collaboration &amp; Partnerships:</b> Did the group leverage community partnerships to do more with a lower budget? Did it increase its impact by partnering with others?	1	2	3	4	5	6	7	8	9	10	

*Total Score*

Strengths:

Weaknesses:

# Final Round Scoring

## Presentation Notes

(Youth teams will receive one scorecard for your team to score each presentation. Please use these pages to take notes to help you in your team vote discussions.)

imagining the possibilities

Team Name:

	Poor	—————>	Excellent							
<b>Innovation:</b> Is this presentation creative and innovative? New and exciting?	1	2	3	4	5	6	7	8	9	10
<b>Sustainability:</b> Can it be replicated yearly regardless of the group of students participating or will it fade away when this year's group graduates?	1	2	3	4	5	6	7	8	9	10
<b>Impact:</b> Did the project reach many people? Did/Does this project really make a difference?	1	2	3	4	5	6	7	8	9	10
<b>Presentation Style &amp; Professionalism:</b> Was the information written in a clear and concise manner? Are materials easy to read and accurate? Has all the requested information been provided?	1	2	3	4	5	6	7	8	9	10
<b>Collaboration &amp; Partnerships:</b> Did the group leverage community partnerships to do more with a lower budget? Did it increase its impact by partnering with others?	1	2	3	4	5	6	7	8	9	10

Total Score

Strengths:

Weaknesses:

Team Name:

	Poor	—————>	Excellent							
<b>Innovation:</b> Is this presentation creative and innovative? New and exciting?	1	2	3	4	5	6	7	8	9	10
<b>Sustainability:</b> Can it be replicated yearly regardless of the group of students participating or will it fade away when this year's group graduates?	1	2	3	4	5	6	7	8	9	10
<b>Impact:</b> Did the project reach many people? Did/Does this project really make a difference?	1	2	3	4	5	6	7	8	9	10
<b>Presentation Style &amp; Professionalism:</b> Was the information written in a clear and concise manner? Are materials easy to read and accurate? Has all the requested information been provided?	1	2	3	4	5	6	7	8	9	10
<b>Collaboration &amp; Partnerships:</b> Did the group leverage community partnerships to do more with a lower budget? Did it increase its impact by partnering with others?	1	2	3	4	5	6	7	8	9	10

Total Score

Strengths:

Weaknesses:

Team Name:

	Poor	—————>	Excellent							
<b>Innovation:</b> Is this presentation creative and innovative? New and exciting?	1	2	3	4	5	6	7	8	9	10
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<b>Impact:</b> Did the project reach many people? Did/Does this project really make a difference?	1	2	3	4	5	6	7	8	9	10
<b>Presentation Style &amp; Professionalism:</b> Was the information written in a clear and concise manner? Are materials easy to read and accurate? Has all the requested information been provided?	1	2	3	4	5	6	7	8	9	10
<b>Collaboration &amp; Partnerships:</b> Did the group leverage community partnerships to do more with a lower budget? Did it increase its impact by partnering with others?	1	2	3	4	5	6	7	8	9	10

Total Score

Strengths:

Weaknesses:

Team Name:

	Poor	—————>	Excellent
<b>Innovation:</b> Is this presentation creative and innovative? New and exciting?	1	2	3 4 5 6 7 8 9 10
<b>Sustainability:</b> Can it be replicated yearly regardless of the group of students participating or will it fade away when this year's group graduates?	1	2	3 4 5 6 7 8 9 10
<b>Impact:</b> Did the project reach many people? Did/Does this project really make a difference?	1	2	3 4 5 6 7 8 9 10
<b>Presentation Style &amp; Professionalism:</b> Was the information written in a clear and concise manner? Are materials easy to read and accurate? Has all the requested information been provided?	1	2	3 4 5 6 7 8 9 10
<b>Collaboration &amp; Partnerships:</b> Did the group leverage community partnerships to do more with a lower budget? Did it increase its impact by partnering with others?	1	2	3 4 5 6 7 8 9 10

Total Score

Strengths:

Weaknesses:

Team Name:

	Poor	—————>	Excellent
<b>Innovation:</b> Is this presentation creative and innovative? New and exciting?	1	2	3 4 5 6 7 8 9 10
<b>Sustainability:</b> Can it be replicated yearly regardless of the group of students participating or will it fade away when this year's group graduates?	1	2	3 4 5 6 7 8 9 10
<b>Impact:</b> Did the project reach many people? Did/Does this project really make a difference?	1	2	3 4 5 6 7 8 9 10
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Total Score

Strengths:

Weaknesses:

Team Name:

	Poor	—————>	Excellent
<b>Innovation:</b> Is this presentation creative and innovative? New and exciting?	1	2	3 4 5 6 7 8 9 10
<b>Sustainability:</b> Can it be replicated yearly regardless of the group of students participating or will it fade away when this year's group graduates?	1	2	3 4 5 6 7 8 9 10
<b>Impact:</b> Did the project reach many people? Did/Does this project really make a difference?	1	2	3 4 5 6 7 8 9 10
<b>Presentation Style &amp; Professionalism:</b> Was the information written in a clear and concise manner? Are materials easy to read and accurate? Has all the requested information been provided?	1	2	3 4 5 6 7 8 9 10
<b>Collaboration &amp; Partnerships:</b> Did the group leverage community partnerships to do more with a lower budget? Did it increase its impact by partnering with others?	1	2	3 4 5 6 7 8 9 10

Total Score

Strengths:

Weaknesses:

Team Name:

	Poor	—————>	Excellent
<b>Innovation:</b> Is this presentation creative and innovative? New and exciting?	1	2	3 4 5 6 7 8 9 10
<b>Sustainability:</b> Can it be replicated yearly regardless of the group of students participating or will it fade away when this year's group graduates?	1	2	3 4 5 6 7 8 9 10
<b>Impact:</b> Did the project reach many people? Did/Does this project really make a difference?	1	2	3 4 5 6 7 8 9 10
<b>Presentation Style &amp; Professionalism:</b> Was the information written in a clear and concise manner? Are materials easy to read and accurate? Has all the requested information been provided?	1	2	3 4 5 6 7 8 9 10
<b>Collaboration &amp; Partnerships:</b> Did the group leverage community partnerships to do more with a lower budget? Did it increase its impact by partnering with others?	1	2	3 4 5 6 7 8 9 10

Total Score

Strengths:

Weaknesses:

**8th Grade Prevention Leaders**  
*Skyridge Middle School, Camas School District*  
**Tobacco, Health and Academics - Tobacco Policy Recommendations**

The 8th Grade Prevention Leaders were charged with two big projects this year. First they went to the Fall Summit and took part in track 2 - advocacy. After learning about the "Hook, Line, Sinker" approach for advocating for policy change, they came back to Skyridge and started investigating where they could apply their knowledge. Camas School District has a tobacco policy but we felt it could be better. The students did their research and came up with some recommendations to present to the administration. The group presented to the local prevention coalition leaders, parents and principals. Then the principals took the recommendations to the Administration Council. The next step will be to present to the Camas School Board. The 8th grade leaders were also instrumental in overseeing and organizing the prevention efforts at Skyridge. Skyridge has more than 750 middle school students. To maximize the number of students involved in prevention and to produce some great activities, the students formed six groups working on various projects including TATU and TARX (Teens Aware of Rx Abuse), as well as 6th-, 7th-, and 8th-grade Advisory Groups working on various awareness activities for the school, parents and community. The group also hosted the 2nd annual PREVENT! 5K Walk/Run for Prevention.

**Contact** **Linda Hutchins:** 360-833-5800  
 linda.hutchins@camas.wednet.edu  
 5220 NW Parker Street  
 Camas, WA 98607  
**Project Type:** Anti-Tobacco, General Prevention  
**Duration:** 2-11 months  
**Audience:** 501+  
**Budget:** Less than \$500

**Ballard TATU / Ballard Teen Health Center**

Swedish Medical Center  
**Teens Against Tobacco Use**

The Ballard High School (BHS) Teens Against Tobacco Use (TATU) team disseminates the curriculum created by the American Lung Association. Their main objective is to teach younger elementary students and peers at the high school about the effects of tobacco, of any kind, on one's body. Throughout the year, the team visited the local elementary schools, focusing on 3rd- to 5th-grade classrooms. During presentations, the team performs small interactive lessons to teach about what tobacco is, how big of an issue tobacco is, the effects of second-hand smoke and how to stay smoke-free. The high school students are great role models for the elementary students and the TATU team always makes sure to make personal statements about why they don't smoke. This helps the elementary students see that there are many reasons to stay tobacco-free and they can find one, too. The TATU team has also participated in health advocacy days at the high school including The Great American Smoke-Out in November and Kick Butts Day in March. During these events, the TATU team educates their peers during lunch by handing out information, setting up "smokers lungs" for students to see the affects of tobacco, and getting the message across that smoking is not the norm in the school. Posters also help get the message across that smoking is not cool at BHS.

**Contact** **Kya Schnettler:** 206-386-3380  
 kya.schnettler@swedish.org  
 747 Broadway  
 Seattle, WA 98115  
**Project Type:** Anti-Tobacco  
**Duration:** Ongoing  
**Audience:** 501+  
**Budget:** \$501-\$2,000



**LOTS OF KIDS GAMBLE.  
 SOME OF THEM HAVE PROBLEMS BECAUSE OF GAMBLING.**

If you or someone you know has problems because of gambling, go to [www.notagame.org](http://www.notagame.org) or call 1-800-547-6133 anytime, toll free from any place in Washington.



The Spring Youth Forum Executive Committee would like to thank the Department of Social and Health Services and Linda Graves, Problem Gambling Program Manager with the Division of Behavioral Health and Recovery, for donating bags to the Spring Youth Forum participants.

## Be the Change

Granite Falls Youth Coalition - Granite Falls School District  
**Just One Choice**

The Granite Falls "Be The Change" Youth Coalition is a youth-led group focused on substance abuse prevention in Granite Falls. In order to get a variety of ideas and opinions, local middle school, high school, and alternative school students all attend. The group began meetings after participating in a program called "Challenge Day" which focuses on breaking down barriers between teens. Operating based on a quote by Gandhi, "Be the Change You Wish to See in The World," the group's mission is to provide education to youth, parents and community members about substance abuse prevention. The team came up with the slogan "Just One Choice" (just one choice to make a change or to stay the same, to get high or to stay clean, to be a follower or to be a leader, etc). Utilizing multiple avenues to saturate the community with their prevention message, the group has implemented substance free dances and open gyms, and is currently working on two additional events, Voices of Youth in April, and a Fun Run in May. Voices of Youth will be a local youth forum aiming to provide youth and adults the opportunity to work together to create a positive future. The youth are eager to have their voices heard and work with adults on solutions that will help create a safe, fun and substance-free community. The Fun Run will help raise funds to support junior athletics in an effort to have as many students as possible participate in youth sports programs.

**Contact** **Mary Wysocki:** 360-283-4403  
 mwyssocki@gfalls.wednet.edu  
 PO Box 1976  
 Granite Falls, WA 98252  
**Project Type:** Alcohol Abuse, Illegal Drug Abuse, Prescription/Over the Counter  
**Duration:** Ongoing  
**Audience:** 501+  
**Budget:** \$501-\$2,000

## Clark Digital Storytellers

Clark County Department of Community Services/Clark County Juvenile Recovery Centers  
**Everyone has stories, time to share yours**

Digital storytelling was selected as a project in the community to help diminish the stereotypes of youth in recovery, and to help youth look back on their struggles and successes with better understanding. A digital story is a short, first-person video narrative created by recorded voice, still images, video and music or other sounds. STASHA peer educators partnered with Juvenile Recovery Court to help make this happen. Between December 2010 and April 2011, three 18-hour workshop sessions were offered. The workshops were taught by adult and youth facilitators. The completed stories were compiled into a public showcase, and screened on April 20th (4/20) also known as

"smoke marijuana day." This day was specifically chosen so that STASHA could "reclaim" the day to celebrate prevention, recovery and the new insights youth have gained.

**Contact** **Angela Zahas:** 360-397-2130  
 angela.zahas@clark.wa.gov  
 P.O. Box 5000  
 Vancouver, WA 98666  
**Project Type:** General Prevention  
**Duration:** 2-11 months  
**Audience:** 51-200  
**Budget:** \$501-\$2,000

## Dream Makers

White Swan Arts & Recreation  
**To Live to See the Great Day that Dawns**

The White Swan Dream Makers chose to work on preventing suicide in their community. The suicide prevention project was modeled after and titled, "To Live to See the Great Day that Dawns: Preventing Suicide by American Indian and Alaska Native Youth and Young Adults." Between June and October 2010, four youth in the community of White Swan committed suicide, and according to the 2010 Healthy Youth Survey, 22% of Mt. Adams Middle School and White Swan High School students seriously considered suicide in the past 12 months. The Suicide Prevention Project included the following activities: forming a suicide prevention planning team; youth training; selecting educational materials, and presentations. The suicide prevention project required the Dream Makers to form collaborative relationships with many community organizations, work with school district administration to plan events, and to learn personal speaking skills.

**Contact** **Joel Tannehill:** 509-874-2686  
 nancykf@mtadams.wednet.edu  
 P.O. Box 57  
 White Swan, WA 98952  
**Project Type:** Mental Health Promotion/Suicide Prevention  
**Duration:** One year  
**Audience:** 501+  
**Budget:** \$2,001-\$5,000



# Stay Connected

## Environmental Warriors

*Yakama Nation Wellness Coalition*

### Environmental Warriors

The Environmental Warriors gathered together in the fall of 2010 with three goals in mind: To provide a voice for the Yakama Nation on behalf of the youth; to develop prevention skills such as team collaboration, leadership, public speaking, digital storytelling, and awareness of community concerns; and to create a promise to be a healthy youth for the sake of the community. The project was a digital story of the past, present and possible future scenarios on the Yakama Reservation. The story shows the traditional past, and presently what methamphetamine drug labs and dump sites have done to the reservation environmentally. The project required youth from three areas on the reservation -- Wapato School District, Toppenish School District, and Mt. Adams School District -- to create a story line. In the process of creating the story line, the students learned about tribal history not taught in the school system, and how the "meth dumping" affects the community environmentally.

Contact

**Mary Lee Jones:** 541-633-0893

maryleejones@live.com

P.O. Box 267

Harrah, WA 98933

**Project Type:** Anti-Tobacco, Alcohol Abuse, Illegal Drug Abuse, Gangs/Violence/Bullying, Mental Health Promotion, Other Holistic approach

**Duration:** Ongoing

**Audience:** 51-200

**Budget:** \$1,000 or more

## Gathering of Native American Youth (GONA)

*Yakama Nation*

### Gathering of Native American Youth

For three days in December 2010, the Yakama Reservation Community Coalition held a conference titled "Gathering of Native Americans (GONA)" for youth training. The GONA youth learned and practiced four values personally and in the community, the values of Belonging, Mastery, Interdependence and Generosity. For the value of Belonging, the youth all participated in the "Draw the line" campaign. Together they discussed how the effects of drug, tobacco, and alcohol abuse have destroyed many lives and committed to stop underage drinking. With Mastery as the next goal, the GONA learned to sing Christmas songs in native Yakama language. For Interdependence, the GONA youth made another commitment to life, making feathers that state "I commit to honor life through my goals of \_\_\_\_." After filling the blank, the feathers were hung on a tree for the community to see. Finally, GONA youth showed Generosity to their elders, by singing Christmas songs in Yakama, giving gifts they made, and shaking the hands of their elders.

Contact

**Patricia Whitefoot:** 509-731-7582

dianetigerlily@hotmail.com

P.O. Box 151 Fort Road

Toppenish, WA 98948

**Project Type:** Anti-Tobacco, Alcohol Abuse, Illegal Drug Abuse, General Prevention, Gangs/Violence/Bullying, Mental Health Promotion/Suicide Prevention

**Duration:** One Year

**Audience:** 51-200

**Budget:** \$501--\$2,000

## Foss Youth Leading Change

*Safe Streets*

### Coke & Candy

Foss YLC created an awareness project called "Coke & Candy" that illustrated the dangers of drug and alcohol use. In order to appeal to their younger peers, they marketed their program in a fun and ironic way. The program began with an introduction, including public service announcement's that spoke about the dangers of drug use. Next, the YLC collaborated with their drug and alcohol counselor to present the dangers of drugs including: meth, marijuana, cocaine, prescription drugs, heroin and alcohol. After the presentation, the team asked members of the audience questions about the presentation. If called on, the winner received a bag of candy and a Coca-Cola.

Contact

**Mr. Melton:** 253-272-6825

kmclintock@safest.org

623 Tacoma Ave South

Tacoma, WA 98403

**Project Type:** Anti-Tobacco, Alcohol Abuse, Illegal Drug/Prescription/Over the Counter Drug Abuse

**Duration:** One month

**Audience:** 51-200

**Budget:** Less than \$500

## Kitsap County RUAD Youth Council

*Kitsap County Prevention Services*

*(and Count on Kitsap DFC Coalition)*

### Kitsap Youth Promotion of National

### Take Back Your Medicine Day

The Kitsap County RUAD Task Force Youth Council project focused on the reduction of prescription medication abuse through secure disposal of medication. The project involved a series of activities culminating in the promotion of National Take Back Your Medicine Day on April 30, 2011. During the annual RuAD Youth Conference, the Youth Council organized a brief written survey to assess the prescription drug abuse threat among youth. Half of the 70 youth who answered the questions indicated that they know someone who is misusing medication. Next, the Youth Council met with a Kitsap County Solid Waste Recycling Coordinator to talk about the impact of pharmaceutical chemicals on the environment and statewide data showing an increase in medication overdoses, abuse and poisonings. The Youth Council then presented the data collected to their legislators on Prevention Advocacy Day (Jan. 17). Legislators were also asked by the Youth Council to consider the benefits of creating a secure medicine Disposal System in Washington state. Finally, the Youth Council worked with community partners to promote National Take Back Your

Medicine Day. In addition, they will extend their work on the Secure Medicine Disposal System by doing a community education event using social networking strategies and YouTube to promote the event among youth, partnering with the Kitsap County Sheriff's Office to manage a temporary "Take Back" site at the Kitsap Mall.

Contact

**Mary Ellen de la Pena:** 360-337-4878

medelape@co.kitsap.wa.us

614 Division St MS-23

Port Orchard, WA 98366

**Project Type:** Prescription/over the Counter Drug Abuse

**Duration:** 2-11 months

**Audience:** 501+

**Budget:** \$501-\$2,000

## Lincoln Youth Leading Change

*Safe Streets*

**Let's Draw the Line**

Lincoln Youth Leading Change students were tasked with creating a project idea that would raise awareness about underage drinking in a fun and informative while involving their peers and the community. Their idea was to host a Draw the Line event after school much like a party. They included a poster contest, where they encouraged students to draw their own lines against underage drinking with winner winning a gift card. During the event they drew the line, played team-building games, listened to music, had a small talent show, and made Draw the Line t-shirts. The project was then carried on by the core group, and presented at a town hall meeting hosted by the Coalition to Reduce Underage Drinking (RUaD).

Contact

**Alissa Farias:** 253-272-6824

kmclintock@safest.org

622 Tacoma Ave South

Tacoma, WA 98402

**Project Type:** Anti-Tobacco, Alcohol Abuse, Illegal Drug Abuse, Prescription/Over the Counter Drug Abuse, General Prevention, Gangs/Violence/Bullying, Mental Health Promotion/Suicide Prevention

**Duration:** One month

**Audience:** 501+

**Budget:** \$501--\$2,000

## Lopez Island DREAM Team

*Lopez Island School District*

**Prevention Jeopardy**

Members of the D.R.E.A.M. (Drug Education and Advocate Mentors) Team are using an interactive game to further educate, youth, parents and community members about underage drinking. Based on the popular game show "Jeopardy," this project was created to deliver correct and accurate information about underage drinking in a fun and engaging way. During a recent youth leadership summit organized by the D.R.E.A.M. Team, the game was used to share important information with future members about prevention facts and encourage them to "DRAW the LINE" between

teens and drinking. The game was designed and created in 2008 by three ASB officers of Lopez Island School, under the direction of their school leadership advisor Jeanne Carter. The game was created for a Town Hall Meeting held in that year in which local students gathered community members to share information and dispel myths surrounding youth and drinking. Upon forming a school club known as the D.R.E.A.M. Team, the game was adopted by its young designers and members of the Team have used this interactive game as an education tool at several different events.

Contact

**Ben Redmond:** 360-468-3770

benredd@gmail.com

PO Box 802

Lopez Island, WA 98261

**Project Type:** Anti-Tobacco, Alcohol Abuse, Illegal Drug Use, Prescription/Over the Counter Drug Abuse, General Prevention, Gangs/Violence/Bullying, Pregnancy/Teen Parenting, Mental Health Promotion/Suicide Prevention

**Duration:** Ongoing

**Audience:** 201-500

**Budget:** Less than \$500

## Maple Valley Youth Council

*Greater Maple Valley Community Center*

**Flip Book Animated Video**

The Maple Valley Youth Council created an animated flip book video. The project involved two different artistic creations, merged in a unique way. One portion of the project involved the creation of several different flip books, which Maple Valley Youth Council members learned how to bind through the use of a specially made jig. The other portion of the project involved the creation of a video by Youth Council members incorporating the flip books. Multiple copies of the flip books were also made to be handed out at events. The flip books themselves provide interactive animation. The storyline for the video shows the journey of a group of friends who are starting to gamble, and features different flip books depicting messages focused on problem gambling awareness. These messages include the following: defining gambling, items of value, warning signs, and how to have a balance. Each flip book represents a different message, and the Youth Council believes this additional method of animation further emphasizes the messages depicted in the video. Youth Council members have, and will distribute the flip books to teenagers at Maple Valley Days, local schools, and at The Den youth center. The video and accompanying flip books define the, who, what, where, why and how of problem gambling. The final video will also be shown at lunch and in small groups in different schools in the Tahoma School District.

Contact

**Kristiane Byers:** 425-432-1272

kristiane@maplevalleycc.org

22010 SE 248th Street

Maple Valley, WA 98038

**Project Type:** Other: Gambling Awareness

**Duration:** 2-11 months

**Audience:** 201-500

**Budget:** \$5,001-\$10,000

# Stay Connected

## Natural Helpers - SHEO (Students Helping Each Other)

*Blue Mountain Counseling*

### It's Never Too Late to Learn to Draw the Line

Dayton High School SHEO Club partnered with the newly formed Natural Helpers and Legislative Assembly to plan and implement the Draw The Line Campaign in Columbia County. A total of 38 students were actively involved in designing and implementing projects, including: 200 signed commitment cards, a local billboard, placing window clings in local businesses, hosting and facilitating "It's Never Too Late To Learn to Draw The Line" Town Hall Meeting, decorating the County Courthouse lawn with blue ribbons, placing the Draw The Line Banner on four local web sites, lining the high school sidewalk with blue duct tape leading to the school, and meeting with elected officials. The "It's Never Too Late To Learn to Draw the Line" town hall meeting targeted adults in the community to increase awareness on the issues of underage drinking. Twenty-four students dressed in Draw The Line t-shirts sat on the front of the stage and every 15 minutes, six students got up and left. They were identified by name and the audience was told that they represented the number of students that would die every 15 minutes in the average school day (compressed into the one hour town hall meeting). In between the students leaving, facts from our local Healthy Youth Survey were presented. The evening concluded with a guest speaker, who gave a testimony of the pain endured by his family as a result of a drunk driving.

Contact

**Peggy Gutierrez:** 509-382-1164  
peggy.gutierrez@bluemtncounseling.org  
221 East Washington Avenue  
Dayton, WA 99328  
**Project Type:** Alcohol Abuse  
**Duration:** 2-11 months  
**Audience:** 501+  
**Budget:** \$501-\$2,000

## North Beach High School TADD

*North Beach High School*

### Grim Reaper

North Beach TADD organized a grim-reaper activity utilizing a group of graduating seniors, who throughout the day would "die off" one by one as a result of drunk driving, as well as other students who represented the drunk drivers. In each instance, there was an announcement over the public address system with the 911 dispatch call along with the reading of the obituary by either a close friend or staff member. The students were put on a gurney and wheeled out of the room with a sheet over their bodies before returning to class in a black robe with their face painted white, and were not allowed to speak for the rest of the day. The drunk drivers were dressed in orange jump suits.

After each "accident," the students involved gave up their cell phones and had no way of communicating. After the school day, the involved students were taken to a local resort where they stayed the night and participated in group bonding and awareness activities. While the students were away, their parents were visited by policemen who informed them that their child had died. Of course the parents were notified beforehand. The following day, the school held an assembly with the entire student body, staff, students' parents, and other community members. The students read letters written the night before apologizing to their families, and then there was a slide show of baby and senior pictures.

Contact

**Jodi Brown:** 360-289-3888  
jbrown@northbeach.k12.wa.us  
PO Box 969  
Ocean Shores, WA 98569  
**Project Type:** Anti-Tobacco, Alcohol Abuse, Illegal Drug Abuse, Perscription/Over the Counter Drug Abuse, General Prevention  
**Duration:** 2-11 months  
**Audience:** 201-500  
**Budget:** \$501-\$2,000

## OHHS TATU

*Oak Harbor High School*

### OHHS TATU

OHHS TATU's project was to reach out to peers and younger students to teach them about living tobacco-free, using a peer-teaching model to teach young people about the dangers of tobacco use. The project helps youth understand and identify the positive aspects of being tobacco free and realize that the majority of teens and adults do not smoke. High school- and middle school-aged youth are trained to develop and deliver a presentation to younger students so they will make the healthy choice to stay tobacco-free and be an advocate for tobacco



control in our community. As a team, TATU challenges themselves to be interactive and informative during presentations to not only focus on the effects of tobacco use, but also peer pressure, tobacco advertising and the positive aspects of being tobacco-free.

**Contact**

**Andrea Thomas:** 360-279-5721  
athomas@ohsd.net  
#1 Wild Cat Way  
Oak Harbor, WA 98277  
**Project Type:** Anti-Tobacco  
**Duration:** Ongoing  
**Audience:** 501+  
**Budget:** Less than \$500



## Omak Street Team

Okanogan County Community Coalition/OBHC  
True Pride Inside

The Omak Street Team is a collaborative effort between the Okanogan County Community Coalition and Omak Middle School. The mission of the Street Team is to implement a positive social norms campaign at the middle school, reducing 30-day marijuana use among middle school youth through risk and protective factors. The Coalition contracted ACTUALITY! to train students and adults to implement an evidence-based campaign. It was collectively decided that the Street Team would focus on pride, respect, and future goals of Omak Middle School Students. The result was the True Pride Inside (TPI) campaign. The Street Team currently consists of 12 middle schoolers who organize, plan, and implement all phases of the campaign. ACTUALITY! campaigns begin in stealth, using gorilla marketing techniques with the actual message revealed in stages, drawing and feeding on natural youth curiosity. During the several week rollout, the Street Team is stealth and unknown to the rest of the student-body. The campaign began with the Street Team students posting over 400 stickers around the school. As it developed, phases included 500 wrist bands, 600 pieces of candy, t-shirts, banners, and posters all displaying different phases of the TPI brand with the Street Team finally revealing themselves at an all-school assembly. The Street Team has been very successful in getting the message out to the students. Walking the halls of the middle school, you will hear students talking about "TPI" and "True Pride Inside" - and wearing their wristbands and carrying binders with the TPI stickers on the outside.

**Contact**

**Andi Ervin:** 509-826-8454  
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1007 Koala Street  
Omak, WA 98841  
**Project Type:** Anti-Tobacco, Alcohol Abuse, Illegal Drug Abuse, Prescription/Over the Counter Drug Abuse, General Prevention, Gangs/Violence/Bullying, Pregnancy/Teen Parenting, Mental Health Promotion/Suicide Prevention  
**Duration:** Ongoing  
**Audience:** 201-500  
**Budget:** \$10,000 or more

## Panthers in Charge (PIC)

Madrona K8  
Corridor of Peace

Panthers in Charge (PIC) is a group of 7th- and 8th-grade youth ambassadors who attend Madrona K-8 School. The group was formed in the spring of 2010 to address issues of drug and alcohol awareness and prevention at the school and within their local community. PIC is currently involved in a number of projects. This Spring, they will be working with the Corridor of Peace Project; a collaborative effort between PIC, local businesses, schools, Therapeutic Health Services, the YMCA and local residents to strengthen their community and promote a positive empowering environment through the development of multiple art installations throughout their school community and neighboring school communities. This project seeks to connect the youth and the local community through a unified vision of developing a safe space that focuses on maintaining a drug/alcohol/and violence free environment. PIC is also working on a variety of other projects including bringing the "Draw the Line" campaign to their school and local community, as well as developing a set of monthly prevention themes to educate other middle school youth at Madrona K-8.

**Contact**

**Natalie Wonder:** 206-252-3141  
ndwonder@seattleschools.org  
1121 33rd Ave  
Seattle, WA 98122  
**Project Type:** General Prevention  
**Duration:** One Year  
**Audience:** 201-500  
**Budget:** \$501-\$2,000

unity

family



friends

school

# Stay Connected

## Point Blank, a chapter of SADD

Orcas Island High School and Orcas Island Prevention Partnership

### Don't Drive while inTXTicated!

This year, Point Blank chose to focus on the risks of texting while driving and the tragic consequences this simple action can have. Concerned that teens too often have an invincible perspective, the group wanted an innovative way to get their message across, so they personalized it by creating a mock accident using some local high school students. Point Blank collaborated with the local fire department, police department and towing company to set the stage, and the result was a very realistic car accident, resulting in an injury, a casualty, and a jail sentence. They've also scheduled an assembly with the goal of raising awareness about the real-life and legal risks of texting while driving and lowering the percentage of students who die each year. The day of the assembly they will show the video made of the car accident, and have guest speakers available to answer questions. Once the presentation is over, everyone will have the opportunity to take a pledge that they will put their phone away while they are driving, and the opportunity to join Point Blank in adding their thumb print to a pledge banner. They will hand out thumb bands as a constant reminder in hope that the presentation will help to lower the rising number of casualties from texting while driving.

Contact

**Julie Pinardi:** 360-376-1553  
jpinardi@orcas.k12.wa.us

715 School Road  
Eastsound, WA 98245

**Project Type:** General Prevention,  
Other: Distracted Driving

**Duration:** 2-11 months

**Audience:** 501+

**Budget:** \$501-\$2,000

## Pomeroy Jr. High Student Awareness Movement (SAM) Club

Pomeroy Jr./Sr. High School  
CSAP Awareness Week

The Pomeroy Jr. High Student Awareness Movement (SAM) club collaborated with the Community Sexual Assault Program to bring awareness to local youth and the community. The club organized a week-long awareness project that provided education on this difficult subject to their peers. Kicking off the week with an assembly and continuing with competitions, dress-up days, posters, banners and presentations, students made the week both fun and educational. The SAM club concluded its project by drawing the community into the spirit with an evening Fun Walk. The walk helped in bringing youth and adults together to recognize a community problem.

Contact

**Tina Warren:** 509-843-1331

twarren@co.garfield.wa.us

P.O. Box 950

Pomeroy, WA 99347

**Project Type:** Other: Community Sexual  
Assault Prevention

**Duration:** One Week

**Audience:** 51-200

**Budget:** Less than \$500

## Pomeroy Sr. High Student Awareness Movement (SAM) Club

Pomeroy High School  
Every 15 Minutes...

The Pomeroy High School Student Awareness Movement (SAM) club brought underage drinking awareness to fellow students through the "Every 15 Minutes" Project. SAM students organized a two-day program that included 14 "living dead" students cutting all communication with family and friends in order to demonstrate the effects of losing a loved one to drunk driving. The "living dead" students were sequestered from their families for the night and participated in group activities and open discussions about underage drinking. SAM students also organized a school assembly that involved presentations from students and parents that were involved in the project, as well as a guest speaker, who shared his personal experience of loss from drunk driving.

Contact

**Tina Warren:** 509-843-1331

twarren@co.garfield.wa.us

P.O. Box 950

Pomeroy, WA 99347

**Project Type:** Alcohol Abuse

**Duration:** Other: Two-day program

**Audience:** 51-200

**Budget:** Less than \$500



## Port Townsend High School Student Task Force

*Port Townsend High School*  
**Most of Us**

The Port Townsend High School Student Task Force (STF) is developing a film as part of their "Most of Us" campaign that began three years ago. The students have learned that statistics consistently show that a majority of students at their high school do not consume alcohol, tobacco or other drugs, although many young people and adults believe the opposite. In the film, the STF members interview students, parents, teachers, politicians and community members and ask them what percentage of the students at Port Townsend High School do they believe are using alcohol, tobacco and other drugs. The end of the film will be interviews with experts who reveal the actual statistics and then explain why these perceptions exist. By changing the accepted belief that "everyone is doing it" there becomes less pressure to engage in these harmful activities. Likewise adults who believe that using drugs and alcohol are normal behaviors are more likely to either encourage or condone the use of these substances. To reach a maximum audience, the STF will upload this film to YouTube, in addition to showing it at the high school and middle school. It is the hope of the STF that this film will continue to be used for many years.

Contact

**Barbara Hansen:** 360-774-1794  
 bhansen@ptsd50.org  
 1500 Van Ness  
 Port Townsend, WA 98368

**Project Type:** Anti-Tobacco, Alcohol Abuse, Illegal Drug Abuse, Prescription/Over the Counter Drug Abuse

**Duration:** Other: The film can be used repeatedly

**Audience:** 501+

**Budget:** Less than \$500

## Prevent A Holics

*Toutle Lake School District*  
**Hand in Hand, Let's Take a Stand**

The Prevent A Holics planned and organized the "Youth Prevention Summit" for Cowlitz County this last fall. They designed the logo for use on t-shirts and came up with topics for the guest speakers. Each session was 25 minutes long, and each student was able to choose three sessions. The Prevent A Holics helped chaperone students from the middle school as well as all the sessions. In addition, the group put together an

animated presentation on "Teens Against Tobacco Use" for use at the elementary level. They used props from their prevention counselor such as Mr. Butt Head, Mr. Gross-mouth, the Pig Lung, the tar jar, and the phlegm jar. The Prevent A Holics plan to keep this program going each year to keep the students educated and equipped to make healthy choices.

Contact

**Leann Couch:** 360-274-6132  
 leann.couch@toutlesd.k12.wa.us  
 5050 Spirit Lake HWY  
 Toutle, WA 98649

**Project Type:** Anti-Tobacco, Alcohol Abuse, Illegal Drug Use, Prescription/Over the Counter Drug Abuse, General Prevention, Gangs/Violence/Bullying, Pregnancy/Teen Parenting, Mental Health Promotion/Suicide Prevention

**Duration:** Two Weeks

**Audience:** 201-500

**Budget:** Less than \$500

## RADD- Raiders Against Destructive Decisions

*Nathan Hale High School Prevention Club and Partners in Prevention (PIP)/Center for Human Services*  
**Partners in Prevention (PIP) and Draw the Line Campaign!**

RADD's goal was to educate Nathan Hale students and others about the dangers of drugs and alcohol by encouraging teenagers and others to think about their choices and what their future will be based on those choices. RADD organized free Fun Fridays (movie and pizza night at the school), bowling night for RADD and Nathan Hale Students, attended youth education and prevention forum events, and organized Kick-Butts Day and the Great American Smokeout to train and educate younger youth about the negative effects of smoking. They also put together "Quit Kits" for current smokers in grades 9-12 with occasional presentations to elementary and junior high students about smoking. RADD will also be working with the Draw the Line campaign to let places who sell alcohol know about the new laws. The Nathan Hale community - students and parents - will receive knowledge about alcohol and other drugs in addition to what happens when adults buy alcohol for minors.

Contact

**Danielle Bock-Grande:** 206-631-8804  
 dbock@chs-nw.org  
 17018 15th Ave NE  
 Shoreline, WA 98155

**Project Type:** Anti-Tobacco, Alcohol Abuse, Illegal Drug Abuse, Prescription/Over the Counter Drug Abuse, General Prevention

**Duration:** Ongoing

**Audience:** 501+

**Budget:** \$501-\$2,000

# Stay Connected

## Razas Unidas

Garfield HS Prevention Team/Central Seattle DFC, PIP and CHS

### Partners in Prevention (PIP) and Seattle Central Drug Free Community Coalition (CSDFCC)

The purpose of Razas Unidas is to come together as a sustainable Latino group, involving school youth, school staff, the Central Seattle Drug Free Community Coalition (CSDFCC), Latino Community Agencies, and other universal prevention clubs. Razas has hosted several youth/parent meetings at El Centro de la Raza, and also regularly participates in the CSDFCC Steering Team Committee meetings. Razas plan their activities around the monthly prevention themes, and these activities are promoted with posters at our schools as well as by making public address announcements on a regular basis promoting the prevention activities and projects. Currently, the team is sponsoring a "healthy food drive" for the local community church, and in the past, Razas raised more than \$200 from a bake sale for the food bank. Razas' primary focus is to promote healthy lifestyles, education and living an alcohol/tobacco/and other drug- and violence-free life. Recently, for Kick Butts week, Razas hosted an activity table to create awareness about the dangers of smoking, took pledges and provided a place for people to sign in memory of someone who lost their lives to tobacco use. The Razas host a resource table once month to promote monthly prevention themes and recruit youth in their cause. The Razas are also involved in the Draw the Line campaign as part of the CSDFCC. The team has worked on collecting over 200 signatures from the school and community.

Contact

**Danielle Bock-Grande:** 206-631-8804

dbock@chs-nw.org  
17018 15th Ave NE  
Shoreline, WA 98155

**Project Type:** Anti-Tobacco, Alcohol Abuse, Illegal Drug Abuse, General Prevention, Gangs/Violence/Bullying

**Duration:** ongoing

**Audience:** 501+

**Budget:** \$501-\$2000

## Shelton High School SADD Club

SADD Club

### Distracted Driving: Don't Text and Drive

The Shelton High School SADD club has developed a DVD on "Texting and Driving." In the different segments of the DVD, a student tells the listeners about the Washington state cell phone law and why people should not text and drive. SADD club students do a mock car crash at the Washington State Patrol headquarters where one of the students is texting and driving and hits a pedestrian who is killed. A Shelton policeman is shown arresting the driver at the end of this scenario. The DVD continues with the county coroner being interviewed by the students in front of a wrecked car that was driven by a 19-year-old girl who was texting on her way home from work, she hit a guard rail and

was killed instantly. In the final part of the DVD, the SADD club sponsored an assembly at the high school where they did many interactive activities with the audience using a deck of cards, scooters, cones and cell phones. Then a guest speaker addressed the student body about her own personal experience of texting while driving, after which the student body signed a big pledge sheet that said "Don't Text and Drive." The DVD will be sent to all 31 driver education schools in Educational Service District #113 and shown at parent nights to more than 10,000 students/parents in the next two years. The video will also be shown to all the ninth-graders in Shelton.

Contact

**Gerald Apple:** 360-480-5330

GeraldAppl@yahoo.com  
3737 North Spring Rd  
Shelton, WA 98584

**Project Type:** Anti-Tobacco, Alcohol Abuse, Illegal Drug Abuse, Prescription/Over the Counter Drug Abuse, General Prevention, Gangs/Violence/Bullying, Mental Health Promotion/Suicide Prevention

**Duration:** ongoing

**Audience:** 501+

**Budget:** \$2,001-\$5,000

## Skykomish Drug Prevention & Leadership Team

Skykomish School District #404

### You Are Putting WHAT into your Body?

The Skykomish Drug Prevention and Leadership Team put together a skit that lends awareness to one of the major drug issues -- one that has not declined over the years -- the issue of tobacco use among young people. The skit encourages elementary age students to stop and think about what it is in a cigarette, then to see and to hear some of the implications that these ingredients can have on the user's life, and includes "cooking a cigarette." Currently, the team's goal is to continue with a focus on underage drinking in their home base, but to add a feature of underage smoking as well.

Contact

**Cindi Mack-Ernsdorff:** 425-485-6541 ext108

beareagle2@msn.com  
PO Box 325  
Skykomish, WA 98288

**Project Type:** Anti-Tobacco

**Duration:** One Week

**Audience:** 51-200

**Budget:** No cost

## Stadium Youth Leading Change

Safe Streets

### Do You Hear Me Now?

During the summer of 2010, the Stadium Youth Leading Change chapter discovered that many of them had friends or family members who had attempted suicide. This became a strong

common denominator for the group and it became their goal to educate their peers about teen suicide. Throughout the school year, they had planned on a shocking presentation. However, they quickly hit some road blocks. After many setbacks and readjustments, the group has organized a workshop that would educate their peers about the warning signs of suicide, the impact of the suicide itself and how to cope with losing a loved one or assisting someone after they survive a suicide attempt. They aim to provide resources to peers and hopefully open up some doors for the issue to be discussed in a safe and supportive environment.

*Contact*

**Colette Lease:** 253-272-6824

kmclintock@safest.org  
622 Tacoma Ave South  
Tacoma, WA 98402

**Project Type:** Anti-Tobacco, Alcohol Abuse, Illegal Drug Abuse, Prescription/Over the Counter Drug Abuse, General Prevention/ Gangs/Violence/Bullying, Mental Health Promotion/Suicide Prevention

**Duration:** 2-11 months

**Audience:** 201-500

**Budget:** no cost

## Steilacoom High School Youth Leading Change

*Safe Streets*

**20 WA**

Steilacoom YLC created a project called 20 WA which signifies that 20 people die each day from tobacco-related illnesses. Twenty of the team members stood in their classroom each time the clock hit :20 during the school day. Each student had customized shirts that they wore, and all 20 of the students remained silent for the entire day to signify being dead from tobacco use. As a side project during this campaign, team members went to the popular “smoking corner” near their school and collected all of the cigarette



butts, hung up posters, and held a “Teens Against Tobacco Use” training where team members handed out “kiss me I don’t smoke” pins and answered tobacco trivia. YLC also presented the pig lungs at lunch (one healthy pair, and one smoker’s pair), receiving lots of interest and feedback. In the future, YLC plans on going to the elementary and middle school to educate the youth about the dangers of smoking, and how it does not make you “cool” to smoke or chew.

*Contact*

**Kelly McClellan:** 253-272-6825

kmcclellan@steilacoom.k12.wa.us  
623 Tacoma Ave South  
Tacoma, WA 98403

**Project Type:** Anti-Tobacco, Alcohol Abuse, Illegal Drug Abuse, Prescription/Over the Counter Drug Abuse, General Prevention/ Gangs/Violence/Bullying, Mental Health Promotion/Suicide Prevention

**Duration:** 2-11 months

**Audience:** 201-500

**Budget:** Less than \$500

## T.E.L.L. - Timbercrest Encouraging Lifelong Lessons

*Center for Human Services and Timbercrest Junior High  
Original Song “Draw The Line”*

T.E.L.L. completed an original song to compete in the King County Draw the Line Youth Arts Contest. T.E.L.L. developed their own lyrics, vocals and piano music for the song titled, “Draw The Line.” The song contains a very powerful message from youth looking at addiction from an outsider’s point of view. The group worked after school many days in the music room and at home composing what would end up being the grand prize winner for group entry at the King County Draw The Line Art Contest. T.E.L.L. is using their original music to affect as many youth that want to listen and has been spreading their message by performing at a King County Open Mic event which many youth attended. The song has also been uploaded to social media outlets such as Facebook and YouTube. Currently a music video is being completed by T.E.L.L. which will accompany the music the team has put together. This music video will be shown to the entire Timbercrest Junior High and will also be shared on social media outlets, and possibly the local news.

*Contact*

**Krista Rose Cate:** 360-442-1429

kcate@chs-nw.org  
927 North 85th St. Suite B  
Seattle, WA 98103

**Project Type:** Alcohol Abuse, Illegal Drug Abuse, Prescription/Over the Counter Drug Abuse

**Duration:** 2-11 months

**Audience:** 501+

**Budget:** Less than \$500

# Stay Connected

## Teens Against Drugs and Alcohol (TADA)

Neighborhood House

### Let's Draw the Line - Reducing Alcohol Advertising

Teens Against Drugs and Alcohol participated in the "Let's Draw the Line" campaign during the past year in a variety of ways including: surveying alcohol advertising in West Seattle and reporting violators to the Liquor Control Board, giving "Good Neighbor" awards to businesses that do not advertise for alcohol, creating "Let's Draw the Line" wristbands and distributing them in the community and schools, and organizing a community forum in White Center for 90 parents and youth about preventing underage drinking. For their community event, they created a skit and printed a large banner that says "West Seattle: Draw the Line Between Youth and Alcohol" and posted it along the major roadway that enters our community, seen by thousands of people.

Contact

**Mike Graham-Squire:** 206-353-7945

mikegs@nhwa.org

Project HANDLE

825 Yesler Way

Seattle, WA 98104

**Project Type:** Alcohol Abuse

**Duration:** 2-11 Months

**Audience:** 501+

**Budget:** \$501-\$2,000

## Teens Drawing the Line

Longview Anti-Drug Coalition

### Drawing the Line

The teens affiliated with Youth and Family Link and Longview Anti-Drug Coalition are concerned with the amount of misinformation in their county regarding underage drinking. Therefore, the team decided to use an environmental strategy with a social norms concept to change the perceptions of the community. The team was able to get more than 200 signatures from local citizens, including the entire city council, pledging their commitment to

draw the line between teens and alcohol. Additionally, 18 local businesses placed stickers in their window to support the cause. The businesses were grocery, convenience and even liquor stores. These stickers warned of the legal ramifications of buying or providing alcohol for minors. The next was to create a wall mural on a local business which was in a heavily trafficked area including the web address "letsdrawtheline.org." The purpose of the web address was to get people to draw their attention to the location and perhaps seek out more information. The final step will take place over the summer, as yet another mural will be created that shows where choices may lead different individuals as they follow different paths in their lives.

Contact

**Patricia Andersen:** 360-423-6741

panderson@linkprogram.org

P.O. Box 2052

Longview, WA 98632

**Project Type:** Alcohol Abuse

**Duration:** One month

**Audience:** 501+

**Budget:** \$2,001-\$5,000

## Tenino High School Students Against Destructive Decisions

THS SADD

### Drug and Alcohol Community Forum

THS SADD's main project is a Drug and Alcohol Community Forum, including activities promoting responsible behavior. The group strives to put a spin on their forums so they aren't just a standard moderated forum about drug and alcohol use. By enhancing the forums and adding new things, THS SADD is always seeing an increase in the number of people they reach. Some events included in the forums are booths with information from various organizations, guest speakers, "Taking the Pledge," and awareness programs. Forums also include demonstrations and fun activities.

Contact

**Kristin Robinson:** 360-239-4121

robinsonk@tenino.k12.wa.us

500 W. 2nd Avenue P.O. Box 4024

Tenino, WA 98589

**Project Type:** Anti-Tobacco, Alcohol Abuse, Illegal Drug Abuse, Perscription/Over the Counter Drug Abuse, Other: Distracted Driving

**Duration:** Ongoing

**Audience:** 51-200

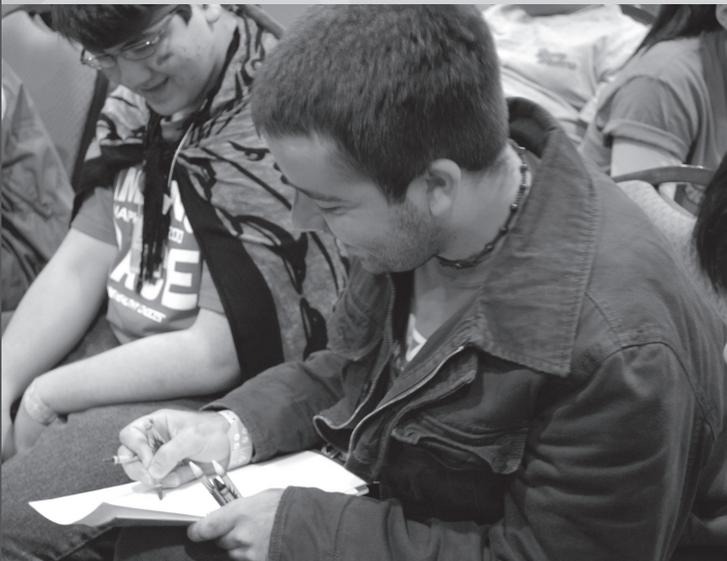
**Budget:** no cost

## The Leading Explorers

Youth and Family Link

### Drugs Influence No One

The youth in the 8th grade exploratory class at Mt. Solo Middle School in Longview teamed up to make a difference in their school and community. After studying about the devastating effects of drugs on individuals in the community, the 8th-graders decided it was time to make a change. The youth brainstormed many



ideas for a new way to spread the word. After polling the school for a slogan and logo, the youth decided on a dinosaur and the words Drugs Influence No One. Finally, the decision was made to create a quilt. Each of the quilt squares was created by a member of the class. The class invited a few 6th-grade students to join in and create a few squares as well. Upon the completion, the quilt was hung the hall in their school. Many youth stop by to discuss the various squares and the message. As they do so, the members of the class encourage the 6th- and 7th-graders to make a quilt themselves with a message of importance someday.

### Contact

**Patricia Andersen:** 360-423-6741  
panderson@linkprogram.org  
P.O. Box 2052  
Longview, WA 98632

**Project Type:** Illegal Drug Abuse, Prescription/Over the Counter Drug Abuse

**Duration:** Two weeks

**Audience:** 201-500

**Budget:** Less than \$500

## The Preventors

*Kenmore Junior High School and Center for Human Services*

**Too Smart to Start!**

The "Too Smart to Start!" prevention project consists of breaking down different prevention topics on a month-to-month basis. In December, the Preventors held a drug prevention/Red Ribbon week; January consisted of anti-tobacco week; March had an anti-marijuana week; April was alcohol awareness month; and May will focus on the prevention of ecstasy and club drugs. The Preventors make posters stating facts and statistics that they find through research and put them up around the school each month. During their prevention weeks, the team has facts read aloud to the entire school every morning. They host an activity table for each prevention theme where students get the chance to look at posters of different body parts that have been affected by drugs, alcohol, or tobacco, and also play games such as the "Wheel of Misfortune" and "Tobacco Roulette" where students have fun learning about the different diseases that are related to drug, tobacco or alcohol use. Along with their activity tables, the Preventors always have some interactive way of giving students the opportunity to pledge their commitment to remain abstinent from drugs, alcohol, and tobacco, whether it be having students write down their anti-drug on red ribbons, having students sign an anti-tobacco constitution, or having students color in an anti-marijuana poster with their thumb prints. Finally, for the tobacco and marijuana prevention weeks, the Preventors created prevention videos that the entire school watched to either kick off or end prevention weeks.

### Contact

**Rachel Houtman:** 425-408-6424  
rhoutman@chs-nw.org  
20323 66th Ave NE  
Kenmore, WA 98026

**Project Type:** Anti-Tobacco, Alcohol Abuse, Illegal Drug Abuse, General Prevention

**Duration:** 2-11 Months

**Audience:** 501+

**Budget:** \$501-\$2,000

## VOICE (Voicing Our Ideas Challenging Everyone) Youth Coalition

*United General Hospital - Community Health Outreach Programs*

**Methamphetamine Prevention Education**

Methamphetamine abuse continues to be a prevalent problem in Skagit County. This year, the V.O.I.C.E. youth coalition has collaborated with the Skagit Meth Action Team, to create and distribute information cards to local retailers who sell precursors that can be used for production of methamphetamine. By educating local retailers, business owners and community members, youth hope to decrease meth production and use in the community by preventing the purchasing of meth precursors in excessive amounts. The retailer education cards have information pertaining to common meth precursors, warning signs of suspicious activity, and local resources for retailer staff to contact for more information and/or how to make report. In addition, youth will also be presenting to local Rotary and Kiwanis groups to educate business owners and community members about the problem of methamphetamine abuse in Skagit County, and call to action steps they could take to help address the problem of meth.

### Contact

**Lisa Mitchell:** 360-856-7388  
lisa.mitchell@unitedgeneral.org  
2000 Hospital Drive  
Sedro Woolley, WA 98284

**Project Type:** Illegal Drug Abuse, General Prevention

**Duration:** 2-11 Months

**Audience:** 201-500

**Budget:** Less than \$500

## Wahkia' Hi' Prevention

*Wahkiakum County Health & Human Services*

**Wahkia' Hi' leaders as Trainers & Mentors**

Wahkia' Hi' Prevention Club consists of high school students who are taught the latest in prevention strategies by attending the Washington State Prevention Summit and CADCA Youth Summit. They learn chemical dependency theory and practice and how to develop a safe caring teaching environment from local experts. Students then provide their expertise in scheduling, planning and implementing a three-day, two-night activity that teaches all graduating 8th-grade students how to prepare for high school and life in general. They educate their peers about being alcohol-, tobacco- and other drug-free. They step out of their comfort zone to teach about sensitive topics such as dating violence, anti-bullying and leadership skills while bonding with each other and healthy adult role models.

### Contact

**Linda Hartung:** 360-795-8360  
hartungl@co.wahkiakum.wa.us  
42 Elochoman Valley Road  
Cathlamet, WA 98612

**Project Type:** Anti-Tobacco, Alcohol Abuse, Illegal Drug Abuse, Prescription/Over the Counter Drug Abuse, Gangs/Violence/Bullying, Mental Health Promotion/Suicide Prevention, Other: Leadership

**Duration:** 2-11 months

**Audience:** 51-200

**Budget:** \$10,000 or more

# Stay Connected

## Washington High School SADD Team

*Franklin Pierce YOUTH FIRST!*

**FP YOUTH FIRST! ~ Positive Community Norm Campaign**

The Franklin Pierce YOUTH FIRST!, Positive Community Norm Campaign, was started in the spring of 2010 to address the misperceptions of social norms around alcohol & marijuana use among students in the Franklin Pierce School District. The WHS SADD team used data from the 2008 Healthy Youth Survey to find the baseline for their project. After reviewing the data, the team knew that the perception of use among students in the district was much higher so they also administered a Youth Voice perception survey to 917 students from Washington High School and Franklin Pierce High School. The perception survey revealed the data needed to prove the exaggerated misperceptions among students of their peers' use in a 30-day period. The team set out to create an environment that would consistently communicate the truth about what the students are really doing and what is the REAL norm of behavior among students in the district. Messages around the 2008 Healthy Youth Survey data were created and tested and banners designed to hang in the school cafeteria of both high schools. The goal was to close the GAP between real data and the perception of the students which in turn will change the perception of the district and positively influence individual behavior. In the fall of 2011 a billboard campaign will start using the messages and templates from the banners. In 2012 the campaign will extend to middle schools in the district working with newly formed SADD and prevention groups.

*Contact*

**Deborah Cozzetti:** 253-209-5216

judges5@comcast.net

315 129th St. S

Tacoma, WA 98444

**Project Type:** Alcohol Abuse, Illegal Drug Abuse

**Duration:** Ongoing

**Audience:** 501+

**Budget:** \$2,001-\$5,000

## Washington Youth Leading Change

*Safe Streets*

**Bullying is no Bull**

Washington High School YLC was inspired to teach their peers about bullying/labeling when a member of YLC was bullied in the school lunchroom. After finding out about the incident, they decided to speak out against the bullying. They devised a plan to announce to their peers how hurtful bullying and labeling can be, yet how one can take that message and turn it into something positive. For their prevention project the students used multi-colored duct tape (each color represented a type of bullying: GLBT, dating violence, image issues, intelligence, racial etc.) and invited their peers to write the word that they were called or to simply wear the color for the entire day. Afterwards, the youth were told to bring the label back at the end of the day to create a poster of all the negative words people have been plagued with. After the

poster was created (and the youth discussed how they are one big family), they destroyed the poster and encouraged their peers to leave those labels behind and make new ones for themselves that they could keep with them.

*Contact*

**Mrs. Tobias:** 253-272-6824

kmclintock@safest.org

622 Tacoma Ave South

Tacoma, WA 98402

**Project Type:** Anti-Tobacco, Alcohol Abuse, Illegal Drug Abuse, Prescription/Over the Counter Drug Abuse, General Prevention/ Gangs/Violence/Bullying, Mental Health Promotion/Suicide Prevention

**Duration:** 2-11 months

**Audience:** 501+

**Budget:** Less than \$500

## WHS Awareness Presentation Team

*Washington High School*

**Washington High Schools AFJROTC**

**Awareness Presentation Team**

The team performs in front of students from fourth to eighth grade about the affects of drugs and alcohol, discussing solutions of how to stay free from these substances and what problems it may cause in a person's life. The team will also perform "Pig Lungs," which will show the children how a healthy lung would look compared to an unhealthy lung. The group gathers for inspections of slides every Thursday and has seen constant improvement.

*Contact*

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Tacoma, WA 98444

**Project Type:** Anti-Tobacco, Alcohol Abuse, Illegal Drug Abuse, Prescription/Over the Counter Drug Abuse, General Prevention/ Gangs/Violence/ Bullying, Mental Health Promotion/Suicide Prevention, Other: Cyber predators

**Duration:** 2-11 months

**Audience:** 51-200

**Budget:** No cost

## Wilson Youth Leading Change

*Safe Streets*

**To Write Love On Her Arms**

The Wilson YLC club decided that they were going to focus on teen suicide awareness as well as recruiting new members, and in order to reach freshmen students, they discussed their idea with a health teacher on campus. Excited to participate, the club was given 50 minutes to entertain, educate and promote YLC to some freshmen students. Focusing on a main goal of meeting new people, YLC also discussed why prevention was important and why it was important to discuss on campus. The students then played some icebreakers including an icebreaker called "Cross the Line" where

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the point of the activity is to demonstrate commonality amongst their peers. Afterwards the students educated the class about teen suicide awareness. Their suicide project was a bit of a twist on the usual. Wilson students decided to focus on the idea that everyone is loved, and wanted to reiterate that everyone is worth something to someone. Playing off the To Write Love On Her Arms (TWLOHA) idea the students stumbled across doing research, they asked the classes to write "LOVE" on their arms and they took pictures of them. The students used the picture to create a large "LOVE" in their sky bridge. They also designed t-shirts that they wore throughout the awareness days that had specific warning signs written on them. The idea was to grab young people's attention while teaching them about the reality of teen suicide.

Contact

**Cheryl Ausboe:** 253-272-6824

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Tacoma, WA 98402

**Project Type:** Anti-Tobacco, Alcohol Abuse, Illegal Drug Abuse, Prescription/Over the Counter Drug Abuse, General Prevention/ Gangs/Violence/Bullying, Mental Health Promotion/Suicide Prevention

**Duration:** 2-11 months

**Audience:** 501+

**Budget:** Less than \$500

## Youth Action

*Readiness to Learn/Communities that Care  
Drug Facts Week*

Quincy Youth Action's project was "Shattering the Myths" during National Drug Facts Week. The National Institute on Drug Abuse (NIDA) sponsored Drug Facts Week as a health observance week that aims to shatter the myths teens may have about drugs and drug abuse. The Youth Action's event in Quincy was at the Jr. High School and they had three teams of four Youth Action members. Each team led interactive activities during two class periods at the Jr. High, and to keep it fun and engaging, they used game style learning. About a week before the project day, the teachers surveyed the Jr. High students to see what they already "knew" about drugs. The Youth Action students then tailored the content of their activities to meet the needs of each class and to shatter

specific myths the students had. Games played included: "Drug Facts Jeopardy" where students earned points by demonstrating their knowledge in the categories of alcohol, marijuana, and tobacco; "Rap and Rhyme" where students filled out a rap the Youth Action students wrote about what drugs do to you and the people around you; and "Fact vs. Myth Line-up" where small groups of students were read a statement about drugs. They then moved under the Fact sign or the Myth sign. Later, Youth Action was able to do a follow-up presentation to parents using the same game-style activities.

Contact

**Maristella Webley:** 509-787-4548

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119 D St NW

Quincy, WA 98848

**Project Type:** General Prevention

**Duration:** One Week

**Audience:** 201-500

**Budget:** \$501-\$2,000

## Youth Empowered with Leadership Strengths (YELS)

*High Point Neighborhood House*

**Draw The Line: Talk about it! Be about it!**

The Youth Empowered with Leadership Strengths (YELS) program at the High Point Neighborhood House participated in the Let's Draw the Line campaign by creating a video about the dangers of underage drinking that was presented at the King County Let's Draw the Line Youth Arts Contest. They are revising the video and plan to show it to younger kids in the next two months to raise awareness about the Let's Draw the Line campaign.

Contact

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**Project Type:** Alcohol Abuse

**Duration:** 2-11 months

**Audience:** 51-200

**Budget:** Less than \$500





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